

ANNEXURE VIII

List of Therapies /Treatment/Procedures

S.No.	System of Medicine and Treatment/Procedure	Quoted Rates	Existing rates in hospitals for general patients
(A)	AYURVEDA		
1. A	Abhyanga (Sarvanga) with two technicians		
B	Abhyanga (Sarvanga) with one technician		
2. A	Shirodhara Tail ONE hour		
B	Takra		
C	Dugdha		
3.	Sarvangaseka(Pizhichil) with four technicians		
4.	Ekanga seka(Pizhichil)with two technicians		
5.	Dhyanmala Dhara with three technicians		
6.	Nasya (inclusive of Abhyanga & Svedana of Shira, Griva etc.)		
7.	Shiravasti with two technicians		
8.	Kati Vasti		
9.	Siro pichu		
10.	Uro Vasti		
11.	Shirolepa(Tala podichil)		
12.A	Shastika Shali Pinda Sweda (Navarakizhi) Sarvanga with five technicians		
B	Shastika Shali Pinda Sweda (Navarakizhi) Ekanga with two technicians		
13	Patrapotli Pinda Sweda(Elakizhi)		
A	1:2 (one technician two bolus)		
B	3:4 (three technicians with four bolus)		
C.	5:8 (five technicians eight bolus)		
14 A	Anna Lepa (Sarvang)		
B.	Anna Lepa (Sthanik/Local)		
15.	Upanaha Sweda		
16.	Avagaha Sweda (with Abhyanga)		
17.A	Ruksha Sweda (Sarvanga)		
B	Ruksha Sweda (Ekanga)		
18.	Udvardana(with two technicians)		
19.	Sneha/Anuvasna Vasti (inclusive of Abhyanga & Swedana)		
20.	Kashaya/Niruha Vasti (inclusive of Abhyanga & Swedana)		
21.	Matra Vasti		

22.	Uttara Vasti		
23.	Yogic Vasti Package (5 Anuvasna and 3 Niruha Vasti)		
24.	Kala Vasti Package (10 Anuvasna and 6 Niruha Vasti)		
25.	Karma Vasti Package (18 Anuvasana and 12 Niuha Vasti)		
26.	Vaitarana Vasti		
27.	Ksheer Vasti		
28.	Vashpa Sweda (Sarvanga)		
29.	Nadi Sweda (Ekanga/Sthanic)		
30.	Vamana package (inclusive of Poorva karma, Pradhana Karma and Paschat Karma)		
31.	Virechana Package (inclusive of Poorva karma, Pradhana Karma and Paschat Karma)		
32.	Netra Tarpana		
33.	Aschyotana		
34.	Vidala		
35.	Netra Pindi		
36.	Netra Seka		
37.	Karna Puran		
38.	Netra Putapaka		
39.	Rakta Mokshana (Siravedha & Abhyanga)		
40.	Prachhana		
41.	Jalouka Avacharana		
42.	Snehapana Package(three to seven days)		
43.	A Ksharsutra application in Bhagndra (Initial) under G.A. one day admission. B Ksharsutra application in Bhagndra (Initial) under L.A.		
44.	Follow up Ksharsutra application in Bhagandra with one week dressing and oral medicines.		
45.	Kaharsutra application in Parikartika (Anal Fissure)		
46.	Ksharsutra application in Piles including one week hospitalization		
47.	Ksharsutra application in other conditions		
48.	Agnikarma (per sitting)		
49.	Kshar Karma (Local per sitting)		
50.	28 days package for Amavata/Vatrakta/Sandhigat Vata/Vat Vyadhi inclusive of 14 days Sarvasnga Seka(Pizhichil) Shali Shastika Pinda Sweda (Navarakizhi) and Vasti 14 days		
51.	23 days package for Sthoula inclusive of Swedana with Udavartana 14 days Vamana/Virechana for 1 day & Vasti for 8 days.		
52.	19 days package for Amalapitta/ParinamShoola/Yakrit Pleehodara/other Udara roga inclusive of Snehana for 7 days Swedana for 3 days Virechana for 1 day and Ksheer vasti for 8 days.		

53.	23 days package for Manas Aroga (Unmada/ Apasmara/Anidra/Bhrama) inclusive of Snehana (Bahya and Abhayantara) for 7 days Swedana for 7 days Vamana for 1 day Virechana for 1 days Shirovasti/Shirodhara for 7 days		
54.	Package treatment for Parpati Kalpa inclusive of special diet (Milk or Medicated Curd), Aamrakalpa etc.		
A	Swarn Parpati Kalp		
B	Other Parpati Kalp		
55	28 days Package treatment for Pippli Vardhamana Rasayana Therapy and other Rasayana Kalp		
56	Sukha Prasava (Normal Delivery)		
57	Garbhashayochedana (Scisseriesian)		
58	Sandansa Prasava (Forcep Delivery)		
59	Vispharan & Akhuran (D&Cx)		
60	Chikitsakeeya Garbhapat (M.T.P)		
61	BandhyaKaran (Tubeligation)		
62 A	Garbhasayochedana (Hysterectomy)-Complete		
B	Garbhasayochedana (Hysterectomy)-Partial		
63	Garbhasayabhramsa (Uterine Prolapse)		
64	Bhagachedana (Episiotomy)		
65	Yoniprakshalana (Douch)		
66	Mudhgarbha Nirharana (I.U.D)		
(B)	UNANI TREATMENT & ILAJ-BIL TADBEER PROCEDURES		
1.	Qai		
2.	Ishal wa Taleen		
3.	Idraar		
4.	Tareeq		
5.	Irsale Alaq		
6.	Nutool Raas		
7	Nutool Aam		
8.	Bukhoor		
9.	Abzan (Abzan for piles)		
10.	Abzan (Abzan for Anal fissures)		
11.	Abzan (Gynaec disorder)		
12.	Pashoya		
13.	Takmeed		
14	Inkebab		
15.	Tadheen		
16.	Tanweem		
17.	Ielam		
18.	Imalah		
19.	Huqna		
20	Mohallil-c-Warm		
21.	Garm Tikor		
22.	Gram Hamam		
23.	Mahajim		
24.	Tabdeel—wajaa		

25.	Bedarie Tabiyat		
26.	Taskeen-e-Wajaa		
27.	Taskeen-e-Auram		
28.	Ghasool		
29.	MasooH		
30.	Lakhlakhah		
31.	Sauoot		
32.	Gargarah		
33.	Humool		
34.	Sakoob		
35.	Farazaja		
36.	Riyazat		
37.	Dalk Raas		
38.	Dalk Ama		
39.	Dalk dahn		
40.	Dalk Sulb		
41.	Dalk Layan		
42.	Dalk Qushk		
43.	Atfal ki Hifze Sehat Ki Tadabeer		
44.	Jawanoun ki Hifze Sehat ki Tadabeer		
45.	Boodhon ki Hifze Sehat ki Tadabeer		
46.	Hamila ki Hifze Sehat ki Tadabeer		
47.	Mukhtalif Mausamon Mein Hifze Sehat Ki tadabeer		
48.	Kisi Bhi Waba Ki boran Hifze Sehat Ki Tadabeer		
49.	Obesity Package		
50.	Joint Pains/Sciatica Package		
51.	1 Month package of rejuvenation		
52.	20 Days treatment of Sinusitis		
53.	21 Days package of Istefragh (evacuation of Waste Matter from the Body)		
54.	1 Month Package of Dalk; Riyazat		
55.	21 Days Package of Riyazat		
(c)	Yoga & Naturopathy		
1.	One week package of Shatkriya,Asanas, Prayanam and Meditation minimum one hour per day One day admission		
A.	One week admission with yoga diet		
B.			
2.	Two week package of Shatkriya,Asanas, Prayanam and Meditation minimum one hour per day One day admission		
A	One week admission with yoga diet		
B			
3.	Three week package of Shatkriya, Asanas, Prayanam and Meditation minimum one hour per day One day admission		
A	One week admission with yoga diet		
B			
4.	Four week package of Asanas, Prayanam and Meditation		

	minimum one hour per day		
6.	One week package of nine naturopathic treatment including special diet		
7.	Two week package of nine naturopathic treatment including special diet		
8.	Three week package of nine naturopathic treatment including special diet		
9.	Four week package of nine naturopathic treatment including special diet		